

Health and safety/ psychological work environment

What do you consider a good and healthy work environment ?



Risk factors for hand eczema

Different parameters can increase the incidence of work-related eczema

1. To have atopic dermatitis (børneeksem)
2. To have wet hands more than 2 hours per day in total

Skin diseases are the most common occupational disease in Denmark

About half of all hairdressers experience to have hand eczema during their career

Approximately every three hairdressing student develops hand eczema within 2 years



There are two types of eczema

The allergic dermatitis

The irritative eczema (not allergic eczema)

It can be either chemically or mechanically

Mechanical such as:
wear and tear

Chemically, such as:
Sodium Lauryl Sulfate

Perfume
preservatives

Water

Products with low or high pH

Sweat - to have gloves on for a long time

The skin - a living wall

Therefore, it is important to maintain a healthy skin and manicured hands



There are 2 types of allergy

Type 1 - including respiratory allergies:
Hay fever, asthma, hives

Common causes: Pollen, dogs, cats, mold and dust mites.

Common causes among hairdressers: Latex in gloves and persulfates in bleach.

Type 2:

Contact allergy/eczema

Common causes nickel, perfumes, preservatives.

Common causes among hairdressers: Hair allergy - para-phenylenediamine (PPD), toluene-2,5-diamine, ammonium persulfate, ammonium thioglycolate and nickel.





Impacts in our private life

Various influences in our private life, may also be a risk factor for the development of for example allergies.

To get Henna tattoos, a temporary dark tattoo painted on the skin (Hair color)

Coloring your own hair (hair color)

Getting artificial nails (acrylates)

Getting piecing done (nickel)

coloring brows / lashes

Getting artificial nails (acrylates)



Allergy for life

Allergy will last a lifetime

You can become allergic to for example

A fragrance,
A preservative
A hair dye

Do **not** use the product again as the risk of getting a very violent reaction is high!



Remember

- ▶ Your future is in your hands

AND

- ▶ A hairdressing salon is not a large bathroom, but a hair laboratory



Assignment

Work in groups 5

Make a plan/description of what you consider the best possible work environment in your class.

Focus mainly on how we create a nice, caring and accepting learning environment for everyone